

MD, LMHC

Suite 101

January 29, 201

Over the past three months I have been providing mental health counseling (cognitive-behavioral psychotherapy) to Mr. (DOB 9/4/196) for treatment of his condition of Major Depressive Disorder. It is my opinion that Mr.'s chronic medical condition of Rheumatoid Arthritis is a significant causative factor in the etiology of his Major Depressive Disorder and that the chronic nature of RA will continue to exacerbate both his mental and physical difficulties and will tend to worsen his level of disability over the long term.

Mr. has been engaged and diligent both in his attendance to his appointments and in his efforts to employ the strategies that I have offered to improve his condition.

Thank You for Your consideration in this matter.

Sincerely,

MD, LMHC